



Amazon Monthly Memo

April 2014

Dates for your Diary

Sunday 11th May: Mother's Day Classic. You can still register to participate in this Pink Ribbon event with the Amazon Team.

Saturday 28th June: Last paddle before season break.

Saturday 28th June 2014: End of Season Wind-up. Further details to follow.

Saturday 2nd August 2014: Amazons are back on the water.

Board Meetings 10th May, 7th June

From the coaching team



A reminder to those who participated in the CompTens Team that the Coaches have invited you to email them with any thoughts/suggestions you may have regarding the experience.

Thank-you to those who have already done this.

Please be encouraged to request training aimed at particular aspects of

technique you would like to work on. Also ask a coach to sit behind you for some individual work if you would like to. Off season is a time of opportunity for you to provide some direction at training and for us all to try new things.

Amazon Fundraising with Entertainment Book sales



Andrea is managing this important fundraiser, keep the orders coming in from family, friends and work colleagues. The books are great value at \$65 each.

From the Board

The board are currently working on a Corporate Regatta proposal. In 2015 the club is planning to participate in the Nationals to be held in Perth and the Masters Games in Adelaide.

In regard to the end of season event we will have more information for everyone soon. Please start giving some thought about our Club Champion award, nomination forms will be circulated soon.

Challenging times

Our thoughts and best wishes go to Jenny Mc, and her family as they move through Ben's health issues.

Ben and Maddy have once again signed up for the HBF Run for a Reason (Sunday, 25th May), team "Cracking the Cure". Sponsorship money will go to Charlie Teo's "Cure Brain Cancer Foundation"... apparently the HBF Run for a Reason website is quite tricky this year, but Ben and Maddy are looking at getting a good team signed up with many generous sponsors! You are welcome to support Jenny and Ben in their endeavours.

BCNA is coming to Perth & need help!



Speak to Jan or Jen H if you can help.

BCNA is hosting a free Information Forum in Perth on **Thursday 22 May from 10.00 am until 3.00 pm**, volunteers are needed to help make it a successful event.

About BCNA Information Forums

This Information Forum is an opportunity for women with breast cancer and their supporters to hear about the latest treatment and care, learn ways to improve emotional and physical wellbeing and is a wonderful chance to network with others.

When: Thursday 22 May, 10.00 am - 3.00 pm

Where: Technology Park Function Centre, 2 Brodie-Hall Drive, Bentley

Cost: Free

A light meal and refreshments will be provided.

Register at: <http://www.bcna.org.au/events/bcna-forums>

Amazons Perth Dragon Boat Club
50 Clarkson Road, Maylands.

Training: Tuesday at 5:30
Saturday at 8:00

We're on the Web!
www.amazonsperth.com.au